ST. ANTHONY'S VOICE

NEWSLETTER OF ST. ANTHONY'S FRIARY CHURCH MAY 2025



Through humble labour, he glorified God, May we follow his example

ST. JOSEPH THE WORKER

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Marian Month: A Season of Grace and Inspiration!

As May unfolds, we turn our hearts and minds to two luminous figures of the Holy Family: St. Joseph the Worker and the Blessed Virgin Mary. Their lives stand as powerful testaments to virtue, humility, and unwavering dedication to God's will. Indeed, as Matthew 23:12 reminds us, 'whoever humbles himself will be exalted.'

The May 1st with the Feast of St. Joseph the Worker, an invitation to honor the inherent dignity of human labor. St. Joseph's steadfast fidelity and deep love for his work serve as a potent inspiration, encouraging us to discover holiness in our own daily tasks, performed with diligence and devotion.

Throughout May, we also dedicate ourselves to Mary, the Mother of God. Her profound "YES" to God (Luke 1:38) blossomed into a lifetime of selfless surrender, unwavering service, and remarkable strength.

As we honor Mary this month, let us reflect deeply on her manifold virtues and earnestly seek her powerful intercession through our daily prayers and heartfelt petitions. Key moments in this Marian devotion include:

a). May 1: Along with the feast of St. Joseph the worker, Our Lady, Queen of May, gracefully marking the commencement of this month-long tribute to Mary.

b). May 13: Our Lady of Fatima, a poignant reminder of Mary's apparitions and her enduring call to prayer and conversion.

c). May 24: Mary, Help of Christians, a celebration of Mary's unfailing assistance and guiding presence in our lives.

d). May 31: Queenship of Our Lady, a glorious recognition of Mary's exalted role as Queen of Heaven and Earth.

As we honor Sts. Joseph and Mary, may we be inspired to emulate their simplicity, quiet strength, and profound sanctity. May this Marian Month be both a joyous celebration and a heartfelt invitation to place our hands in service to others and dedicate our hearts entirely to the service of God (Matthew 20:28).

Wishing you a blessed and abundantly fruitful Marian Month!



St. Alphonsa Ward -Maruthinagar

Commemoration of Jesus' Act on Maundy Thursday – Washing of the Feet Ceremony

On 12th March (Saturday) at 6:30 PM, the St. Alphonsa Ward, Maruthinagar, prayerfully commemorated Jesus' humble act of washing His disciples' feet, a powerful expression of servant leadership and love. The ceremony was held at SCN Niketan and was graced by the presence of over 30 ward members.

The event began with a warm welcome by Mr. Vinod, followed by an opening prayer invoking the Holy Spirit. Sr. Blanche read from the Gospel of John 13:1–17, and Sr. Manisha offered a deeply spiritual reflection on the passage, emphasizing the importance of humility, love, and service in our Christian life.
Mrs. Meghana then read the same scripture in Kannada, followed by a reflection in Kannada led by Mr. Anthony Das. He inspired everyone by highlighting how Jesus, despite being the Son of God, humbled Himself to serve His disciples — a model for us to follow in our daily lives. Mr. Charles Noronha then led a heartfelt prayer, asking the Holy Spirit to bless and guide the participants.

The ward members were divided into two batches:
first batch consisted of two groups of 10 people each (10 pairs in total). The second batch consisted of two groups of 5 people each (5 pairs in total).
Before the washing, each group prayed together, seeking God's grace. Then, with reverence and joy, they washed each other's feet, symbolizing love, humility, and unity. This act was carried out in a peaceful and prayerful atmosphere, reflecting the spirit of Christ.

The ceremony concluded with a closing prayer led by Sr. Blanche, marking ai blessed and spiritually enriching evening for all.



SCC - Jai Bheem Nagar Ward

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Konkani Lenten Retreat at St. Anthony's Friary Church: A Spiritually Enriching Experience

On March 29, 2025, the Konkani-speaking community of St. Anthony's Friary Church gathered for a spiritually enriching Lenten retreat led by Rev. Fr. Maxim Dias. The retreat commenced at 5:00 PM with the adoration, setting a reflective tone for the day's events.

Fr. Maxim Dias, renowned for his dynamic preaching and spiritual insights, delivered a series of engaging talks and reflections centred on the Lenten themes of repentance, renewal, and spiritual growth. His messages resonated deeply with the participants, offering them profound insights into their faith journey.

The day's events left a lasting impact on the attendees, equipping them with spiritual tools and renewed zeal as they continued their Lenten journey.

We extend our heartfelt gratitude to Fr. Maxim Dias for his inspiring guidance and to all who contributed to making this retreat a meaningful and transformative experience for our community.







Youth Retreat

A Journey of Faith and Fellowship

On April 5, 2025, the youth of St. Anthony's Friary Parish embarked on a transformative spiritual journey during a retreat led by Rev. Fr. Francis Rozario, OFM. The retreat aimed to deepen the participants' understanding of their faith, foster personal growth, and cultivate a strong sense of community.

The evening commenced at 5:00 PM with a warm welcome, followed by adoration and a vibrant session of praise and worship. These initial moments set a reflective and enthusiastic tone for the retreat. Throughout the event, attendees engaged in meaningful reflections and heartfelt prayers, allowing them to strengthen their relationship with God and discern His will in their lives.

A highlight of the retreat was the adoration session, which offered the youth a profound spiritual connection with Christ, reaffirming their commitment to live as His disciples. The retreat concluded with the anointing of the participants with holy oil, symbolizing their renewed dedication to their faith journey.

Participants expressed deep gratitude for the retreat experience, describing it as a pivotal moment that invigorated their passion for service and reinforced their sense of belonging within the Christian community.

Overall, the youth retreat at St. Anthony's Friary Parish was a resounding success, leaving an indelible impact on the hearts and minds of all who attended.

















Blood Donation Camp – 6th April 2025

The Bangalore Konkani Catholic Sangh (BKCS), in association with St. Anthony's Friary Church, Madiwala, Hosur Road, organized a Blood Donation Camp on 6th April 2025. The camp began at 7:30 a.m. with a brief inaugural and felicitation ceremony held in a classroom above the church office.

The event was graced by Rev. Fr. Tony, Associate Director – Finance, St. John's Medical College Hospital; our Parish Priest Rev. Fr. Prashanth Fernandes OFM; Rev. Fr. Simon OFM, Counsellor; Dr. Fulton D'Souza, Professor and Head of the Department of Paediatrics; Dr. Parimala, Consultant from the Department of Haematology and Transfusion at St. John's Hospital; along with other BKCS Executive Committee members and past Presidents.

BKCS Joint Secretary Mrs. Dorine Rasquinha extended a warm welcome to all the dignitaries, including Rev. Fr. Tony, Rev. Fr. Prashanth Fernandes, Rev. Fr. Simon, Dr. Fulton, Dr. Parimala, the team from St. John's Hospital, and the BKCS members and past Presidents, expressing heartfelt gratitude for their presence and support.

The camp was organized to help individuals in need within the community. St. John's Medical College Hospital, under the leadership of Dr. Fulton D'Souza—also a dedicated member of BKCS—played a key role in making this noble initiative possible.

A few enthusiastic BKCS volunteers also extended their support in assisting and coordinating various aspects of the camp.

Speaking on the occasion, Rev. Fr. Tony appreciated the efforts of BKCS and its office bearers for organizing the camp, especially during the Lenten season. He also extended his gratitude to St. John's Hospital for their continued support. Parish Priest Rev. Fr. Prashanth congratulated the organizers for their dedication and consistent efforts in serving society through such initiatives.

This year marked the 11th consecutive year that BKCS has conducted the blood donation camp, reflecting its strong commitment to social responsibility and community service.

The camp concluded at around 2:30 p.m., with a total of 65 donors contributing blood. Each donor was presented with a certificate in appreciation of their invaluable contribution.

The event was a great success and stood as a testament to the spirit of unity, compassion, and service.




Royson Monteiro











Way of the Cross – Zone 7

- Mr. Janeshwara Ambrose

On Sunday, April 6, 2025, at 5:00 PM, the faithful of Zone 7—comprising Brindavan Nagar, Chikadugodi, Gurappanapalya, St. John's Quarters, and Tavarekere—gathered at St. Augustine Nivas Convent, Senior Citizens Home, to participate in the Way of the Cross. Approximately 150 parishioners attended this solemn Lenten devotion, reflecting deeply on the Passion of Christ.

The Stations of the Cross were prayerfully conducted in five languages: English, Kannada, Konkani, Malayalam, and Tamil, embodying the rich linguistic and cultural diversity of our parish community. The hymns, rendered by members of the St. John's Medical College Hospital Staff Quarters, Parish Pastoral Council (PPC), and Small Christian Communities (SCC), added a profound spiritual dimension to the service.

Following the devotion, the Sisters of St. Augustine Nivas graciously served tea and biscuits, fostering fellowship among the attendees.

We extend our heartfelt gratitude to the Provincial and Superior of St. Augustine Nivas, the parish clergy, zone members, and zone representatives for their invaluable support and coordination. Their collective efforts ensured a meaningful and spiritually enriching experience for all participants.





Small Christian Community (SCC) Meeting

Our Lady of St. Lourdes Ward

On the evening of Friday, April 11, 2025, members of the Our Lady of St. Lourdes Ward convened for a Small Christian Community (SCC) meeting at the residence of Mr. Charles. Attendees included Regina, Jayanthi, Eliza, Treeza, Nirmala Patrao, Divya, Veena, and Fr. Prashanth. Several members were unable to attend due to prior travel commitments.

The meeting commenced with a spiritual reflection. Regina and Divya read the Gospel passage, followed by a group discussion and interpretation. Fr. Prashanth Fernandes provided a brief reflection on the reading, enriching the discussion with his insights.

In the second part of the meeting, various topics concerning the SCC group were discussed. It was decided that the next meeting will be held at the residence of Veena Serrao. Additionally, the group agreed to hold SCC meetings on the last Friday of every month.

The gathering concluded with a sense of spiritual renewal and a commitment to continue fostering community bonds through regular meetings.





Sanctus Eucharistic Adoration



"You must be Holy because I, the Lord, am Holy. I have set you apart from all other people to be my very own" Lev 20:26. The Resound Choir & Ministry conducted a Eucharistic adoration, 'Sanctus' on the 12th of April, 2025. The purpose of the Adoration was to prepare and remember the journey of Our Lord through the Holy Week. The adoration was arranged in the classroom and was attended by youth & laity.

The theme 'Sanctus' signifies the Holiness of our omnipotent God. We, the church are called to be Holy, a royal priesthood and this holiness is represented and seen through the life of Jesus Christ whom we imitate.





Through praise and worship, the team brought everyone into an intimate time with the Lord. As everyone worshiped the Lord, prayers were offered over areas of struggles, areas of healing and areas of thanksgiving. After which, everyone was led into a time of surrendering and understanding that Christ is Holy and He is the center of our lives and everything that he walks upon and touches, becomes Holy.

The Holy Monstrance was then taken close to each person present in the room by Fr. Prashanth to let the people have a close encounter with the Lord. The one hour of splendid time with Jesus concluded with final blessing by Fr. Prashanth, the Parish Priest.

The parishioners also shared testimonies of experiencing healing during the time of adoration.

The Marian Ministries

The Marian Ministries team held a vigil prayer meeting on April 12th 2025, at St. Anthony's Friary Church in Bangalore. The event was graciously permitted by the Parish Priests, Rev. Fr. Prashant OFM and Rev. Fr. Arokia OFM.

Over 200 devotees from the Bangalore, Mysore, Coorg, Bellary, and Vijayapura & Devana halli, attended the event, which featured classes on the Word of God, Adoration, the Holy Mass by Rev Fr Jeevan and Br Peter.

Four priests from different religious orders offered the sacrament of Confession and spiritual counselling in multiple languages, namely, Kannada, Konkani, Tamil, Telugu, Malayalam, and English, to those seeking spiritual special assistance. Bro. Kiran led the sacred singing, guiding the congregation in singing praises and prayers, while Sr. Prathiba and Sr Martha and others helped the congregation into singing and praying.

The next Night Vigil Prayer Meeting will be on the Second Saturday of the month, May 10, 2025 at 9:30 PM.





Sacrament of Reconciliation at St. Anthony's Friary Church: A Grace-Filled Preparation for Easter

In the days leading up to Easter, from April 14 to 16, 2025, St. Anthony's Friary Church offered the Sacrament of Reconciliation to the faithful. Multiple priests were available to hear confessions, providing parishioners with the opportunity to receive God's mercy and prepare spiritually for the celebration of the Resurrection.

The response from the community was heartfelt, with many individuals participating in the sacrament. This period of reflection and penance allowed the faithful to renew their commitment to Christ and embrace the joy of Easter with purified hearts.

We extend our sincere gratitude to all the priests who dedicated their time to administer the sacrament and to the parishioners who approached it with sincerity and devotion. May the grace received during these days continue to inspire and guide us in our Christian journey.



Palm Sunday Celebrated with Faith, Reflection, and Symbolism*
St. Anthony's Friary Church – 13th April

Palm Sunday, which marked the beginning of Holy Week, was celebrated with deep devotion on 13th April at St. Anthony's Friary Church. This important day commemorated Jesus' triumphant entry into Jerusalem before His suffering, death, and resurrection.

The celebration began with the blessing of palm branches, which represent the ones laid before Jesus during His entry into the city. Following the blessing, the congregation took part in a meaningful procession, holding the blessed palms and singing hymns of praise and thanksgiving.

The faithful participated with open hearts, embracing the spirit of prayer, humility, and reflection. The event set a sacred tone for Holy Week, helping everyone prepare spiritually for Easter.

Adding beauty and depth to the celebration, the Ferdinands youth group, an active part of the parish, decorated the altar with blessed palm leaves. Their thoughtful and symbolic decoration created a peaceful and holy atmosphere, drawing the community into deeper worship.

The decoration itself reflected a powerful spiritual message — comparing the life of a butterfly to the journey of Jesus and our own spiritual transformation:

Caterpillar – Jesus' Life on Earth:
The caterpillar's simple life reminded everyone of how Jesus lived among us — humbly and full of love, teaching truth and showing mercy.

Chrysalis – Jesus' Death and Burial:
Like the hidden cocoon, Jesus was buried in the tomb. It was a time of silence and mystery, yet full of transformation.

Butterfly – Jesus' Resurrection:
From stillness came new life. Just as the butterfly emerges, Jesus rose from the dead in glory. The butterfly became a sign of hope, new life, and the promise of resurrection.

This meaningful theme, expressed through the altar decoration, reminded the congregation of the deeper message of Easter — a journey from life, through suffering, to resurrection and renewed hope in Christ.

Palm Sunday at St. Anthony's Friary Church was a truly prayerful and symbolic start to Holy Week, uniting the community in faith and devotion.

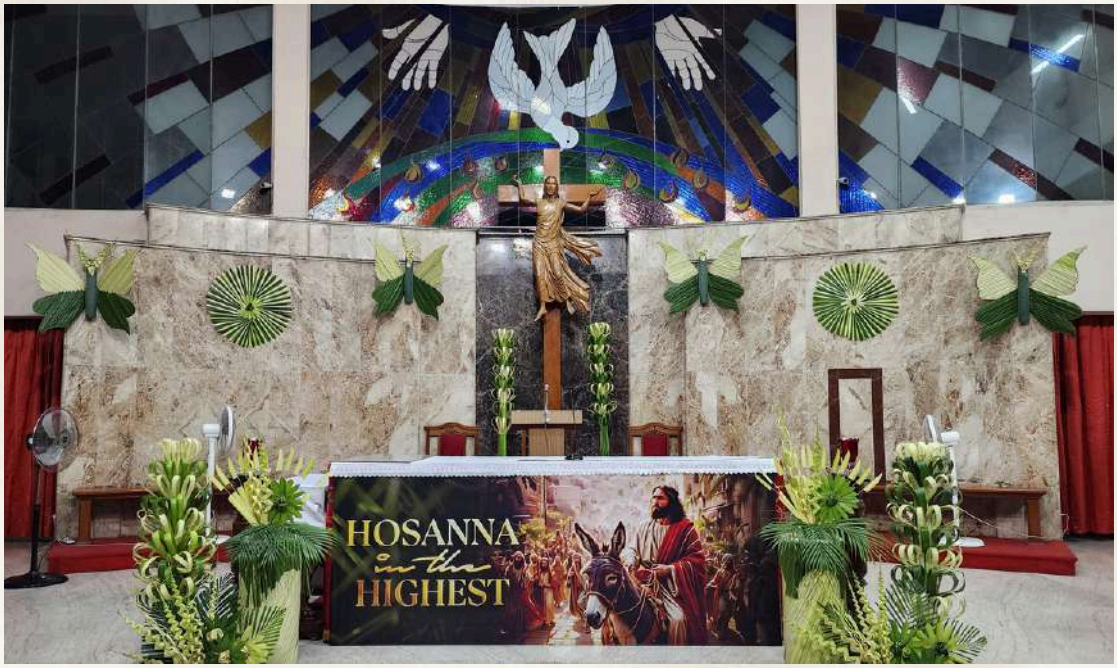
Palm Sunday Decoration Preparation








Palm Sunday Decoration






















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Mass for the Sick and Elderly at St. Anthony's Friary Church

On April 13, 2025, at 3:00 PM, St. Anthony's Friary Church hosted a special Mass dedicated to the sick and elderly members of our parish community. The celebration commenced with a welcoming prayer led by Rev. Fr. Cyril SVD, acknowledging the presence of all attendees, especially the sick and elderly.

In his homily, Fr. Cyril emphasized the importance of faith and hope during challenging times, highlighting the power of prayer and communal support in healing and coping with illness and old age. The liturgy included special blessings and the Sacrament of Anointing, offering physical, emotional, and spiritual healing to those in need.

The Society of St. Vincent de Paul (SSVP) members extended their Lenten outreach by assisting the elderly and sick. Approximately 100 participants, along with their family members, attended the Mass. Upon arrival, attendees were provided with water bottles, and after the Mass, they were served coffee and snacks. The SSVP members also engaged with the elderly to ensure they felt comfortable and welcomed.

This special Mass served as a testament to our parish's commitment to caring for all members, reinforcing the bonds of faith and community.









Maundy Thursday Celebrations

On Thursday, April 17, 2025, the faithful of St. Anthony's Friary Church gathered in large numbers to commemorate Maundy Thursday, marking the beginning of the Paschal Triduum. The solemn liturgy reflected on the Last Supper, where Jesus instituted the Holy Eucharist and exemplified servant leadership through the washing of His disciples' feet.

In his homily, celebrants emphasized the themes of Eucharist, Priesthood, humility, love, and service, urging the congregation to embody these virtues in their daily lives.

A poignant moment during the service was the ceremonial washing of the feet, symbolizing Jesus' commandment to love and serve one another. This act served as a powerful reminder of the call to selfless service within our community.

Following the Eucharistic celebration, the Blessed Sacrament was solemnly transferred to the Altar of Repose, allowing the faithful to spend time in silent adoration, reflecting on the Lord's passion and sacrifice.

The church was adorned with simple yet meaningful decorations, creating an atmosphere conducive to prayer and contemplation. The active participation of the congregation, choir, altar servers, and volunteers contributed to the reverent and reflective ambiance of the evening.

As we entered the sacred Triduum, the Maundy Thursday service set a profound tone for the days leading up to Easter, inviting all to deepen their faith and commitment to living out the Gospel message.











Good Friday Observance at St. Anthony's Friary Church

On Friday, April 18, 2025, the faithful of St. Anthony's Friary Church gathered in solemn remembrance of the Passion and crucifixion of Jesus Christ. The day's liturgical services invited deep reflection on Christ's sacrifice and the profound mystery of redemption.

The Good Friday liturgy included the reading of the Passion narrative from the Gospel of John, the Veneration of the Cross, and the distribution of Holy Communion consecrated during the Maundy Thursday Mass.

The Veneration of the Cross was a poignant moment, with parishioners approaching in reverent silence to honour the symbol of salvation. The atmosphere was one of deep contemplation, as the community united in acknowledging the immense sacrifice of Jesus.

The faithful departed in quiet reverence, carrying with them the solemnity and hope that Good Friday embodies.



WAY OF THE CROSS ENACTMENT 2025 – TAMIL SERVICE LED BY FERDINANDS YOUTH GROUP

-HARINI



Don’t be afraid to try something new, because it just might be the best thing you ever do.”

This Good Friday, the Tamil Way of the Cross at St. Anthony’s Friary Church became a powerful and deeply moving spiritual journey, led with great devotion by the **Ferdinands**, our active parish youth group. With fresh energy and heartfelt dedication, they brought Christ’s Passion to life in a new and impactful way that touched the hearts of all present.

What made this year's enactment stand out was the **new additions to the script and staging.** The journey began right from the **Garden of Gethsemane**, showing Jesus in deep agony. **Judas’ betrayal** was made more striking with the dramatic exchange of **silver coins. Soldiers entered with** fire lamps, heightening the intensity of the moment as they **beat and arrested Jesus**.

Another remarkable scene was the **grand entry of Pontius Pilate,** surrounded by soldiers — adding depth and realism to the trial of Jesus. Every detail, from the **costumes and makeup** to the **sound design and background settings, was thoughtfully done and added to the overall experience.**

Each station included soul-stirring songs and reflections that helped connect the suffering of Jesus with the struggles of people today, offering real ways to repent and return to God.

The reflections shared during the enactment were powerful — not just narrating the past, but *inviting the faithful to reflect on what Christ's Passion means for us now. New characters and fresh faces brought a renewed spirit to the performance. The youth didn't just act the scenes — **they lived them,** praying and preparing spiritually so that Christ's message could be felt by others through their service.

As one walked through each station, from Jesus' condemnation to His crucifixion and burial, the emotions were raw, the message was clear, and the presence of the Holy Spirit was deeply felt. The audience wasn't simply watching a performance — they were **part of a prayerful journey**, walking with Jesus on the road to Calvary.

This beautiful enactment was truly a **community effort**. Special thanks to:

- **Jagan**, for the powerful and meaningful background design
- **Domnic**, for his dedicated audio work
- **John**, for expert sound mixing
- **Thomas**, for assisting with props like the thorn crown and the cloth representing Jesus' face
- **Assisi Malar, Catechism children, Altar Servers, Legion of Mary (Tamil), OFS (Tamil) and Living Clay youth group** for their tireless support in acting, volunteering, and ensuring everything ran smoothly

As Isaiah 53:5 reminds us:
"**By His wounds, we are healed**."
And from Matthew 16:24:
"**Take up your cross and follow Me**."



This Way of the Cross was a true witness of faith by the youth, showing how the message of Calvary is not just a moment in history but a living call for each of us today. It reminded us all that, through Christ's sacrifice, we are called to carry our own crosses with courage, love, and hope.

We thank God for the grace to witness such a powerful devotion. Let us continue to support and encourage our young people who are not just the future of the Church — **they are its strength today**. May the message of the cross live on in our hearts, our families, and our parish community.











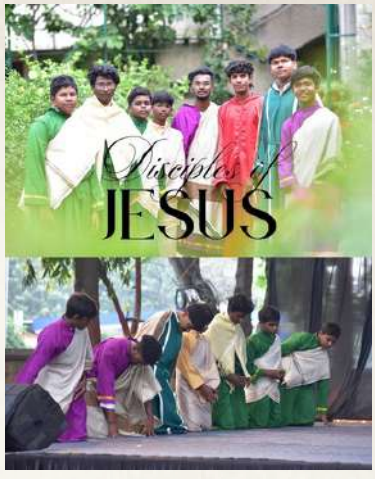















Simon of Cyrene


VERONICA


Women of
JERUSALEM


Magdalena Mary


John the
disciple




JOSEPH OF ARIMATHEA



Easter Vigil Celebrations

On the night of Saturday, April 19, 2025, the faithful of St. Anthony's Friary Church gathered in reverent anticipation to celebrate the Easter Vigil—the most sacred liturgy of the Christian calendar. The celebration unfolded in four profound parts, each illuminating the mystery of Christ's resurrection

1. Service of Light (Lucernarium):

The vigil began with the blessing of the new fire, symbolizing Christ's triumph over darkness. The Paschal Candle was lit and each person lighting their candle from the Paschal flame. The proclamation "Lumen Christi" echoed through the sanctuary, culminating in the chanting of the Exsultet, the Easter Proclamation, which heralded the joy of the Resurrection.





2. Liturgy of the Word:

The congregation listened to a series of readings from the Old and New Testaments, recounting salvation history—from Creation to the Resurrection. Each reading was followed by a responsorial psalm and a prayer, inviting reflection on God's enduring covenant and the fulfilment of His promises through Christ.

3. Baptismal Liturgy:

In a moving ceremony the faithful renewed their baptismal vows, renouncing sin and professing their faith. The congregation was then sprinkled with the newly blessed water, a reminder of their own baptism and the new life offered through Christ's Resurrection.





4. Liturgy of the Eucharist:

The celebration culminated in the Eucharist, the first Mass of Easter. The altar, adorned with flowers and lit candles, reflected the joy of the Resurrection. The faithful received Holy Communion with hearts renewed, rejoicing in the victory of life over death.

The Easter Vigil at St. Anthony's Friary Church was a profound and joyous celebration, marking the beginning of the Easter season with deep spiritual renewal and communal unity.

We extend our heartfelt gratitude to all who contributed to the solemnity and beauty of the liturgy.



A DAY TO REMINISCE OUR YOUNGER DAYS

BY MATILDA FERNANDES

On 26th April 2025, at 6.30 am, we all gathered around the Grotto of St Anthony's Friary church, to fuel the right spirit with a morning coffee and quick snack and then climbed the bus that was waiting to take us to Don Bosco on Magadi Road through the serene streets of Bangalore to Ramnagara district. We loved the two hours cool journey through the green pastures and reached our destination while reciting the Rosary followed by hymns, songs and a number of quick indoor games where the environment truly helped us to reminisce of our younger days. Thanks to Ms Benny D'Souza who did not allow anyone to take a nap but made us participate actively.

On reaching Don Bosco centre, a home away from home, at Ajjanhalli in Ramanagara, the right place for a healthy break within a manageable distance from Bangalore, we were welcomed warmly by Fr Gilbert and Fr Anand who introduced us to the vast beautiful campus which we loved very much. After a sumptuous breakfast, we were given enough time to either relax in comfortable rooms or to walk through the orchards with a variety of fruits like mangoes, love apples, guavas, jackfruits, avocados, papayas, figs and so on.

Now it was time to strengthen us with spiritual food and Fr Gilbert fulfilled that in us through the celebration of Holy Eucharist with the beautiful choir led by Ms Preethi Noronha.

We then had a lovely meal that we all enjoyed and after a quick break we resumed to continue with the afternoon that was packed with activities like team games, singing, clapping and with relaxation and prizes for the winners. Thanks to Fr Gilbert assisted by our volunteer team namely Preethi, Jo Anne, and Norman, who organized a number of team games that made us recall the Holy Bible, the artistic talent, the creative thinking in us.

We left Don Bosco at 4pm and proceeded to Savandurga, located around 60 km from the city, this hill offers a perfect combination of adventure and natural beauty. Famous for its massive granite structure, Savandurga is one of the largest monolithic hills. On our way back we passed by the Manchanabele Dam and caught a glimpse of it from the bus.

Many seniors tend to stay indoors due to their physical limitations or lifestyle changes. Getting out can seem like a tremendous burden, and a lack of a regular job erases any essential need to get outside regularly. However, remaining at home – often alone – can contribute to ailing health, depression, and memory loss.
As we all know that spending time outdoors is beneficial for our physical and mental health.

According to the Elder Care Alliance, regular time outdoors increases seniors' level of Vitamin D, which helps eliminate joint pain, inflammation, and diabetes. Also, being around other people can significantly improve their mental well-being.

Some other benefits include:
• Improved immune system
• Quicker recovery time from an illness
• Reduced stress
• Safe exercise
• Companionship

An outdoor activity for seniors is not as easy as we think. It requires thoughtful planning, effective communication followed by right action. I am sure, the President of the senior citizens group Ms Leena Noronha had all the above intentions to revive the true spirit of healthy living among us, the senior citizens, and we did feel the absolute pleasure she exhibited in executing the plan through a delightful picnic for our cherished Senior Citizens. Her wisdom and joy with the energetic volunteer team of three youngsters made the day truly an unforgettable one and we are indebted to them. A big thanks to Fr Prashanth Fernandes, our parish priest for creating this Guardians group and encouraging us to have various activities including outdoor trips of this kind.











Faith in Motion: The Stations of the Cross in Families

As the Lenten season unfolds, communities engage in reflection and spiritual renewal through the powerful tradition of the Stations of the Cross. While often linked to churches, its intimate expression is vibrant in Small Christian Communities (SCCs).

The St. Anthony Small Christian Community hosted a processional Stations of the Cross for families in Block 5. We prayed two stations in each home, where altars were adorned with small crosses and candles, transforming these spaces into sacred places. Elders and children joined in, making this event a meaningful witness of faith for those unable to attend church on Fridays. It has become a symbol of unity and solidarity for families in Block 5.

When prayed within families, the Stations of the Cross evolve into a re-enactment of love, pain, and hope. They remind us that faith thrives beyond the church walls, in living rooms and hearts joined in prayer.

As we journey together, may each step draw us closer to Christ and to one another.









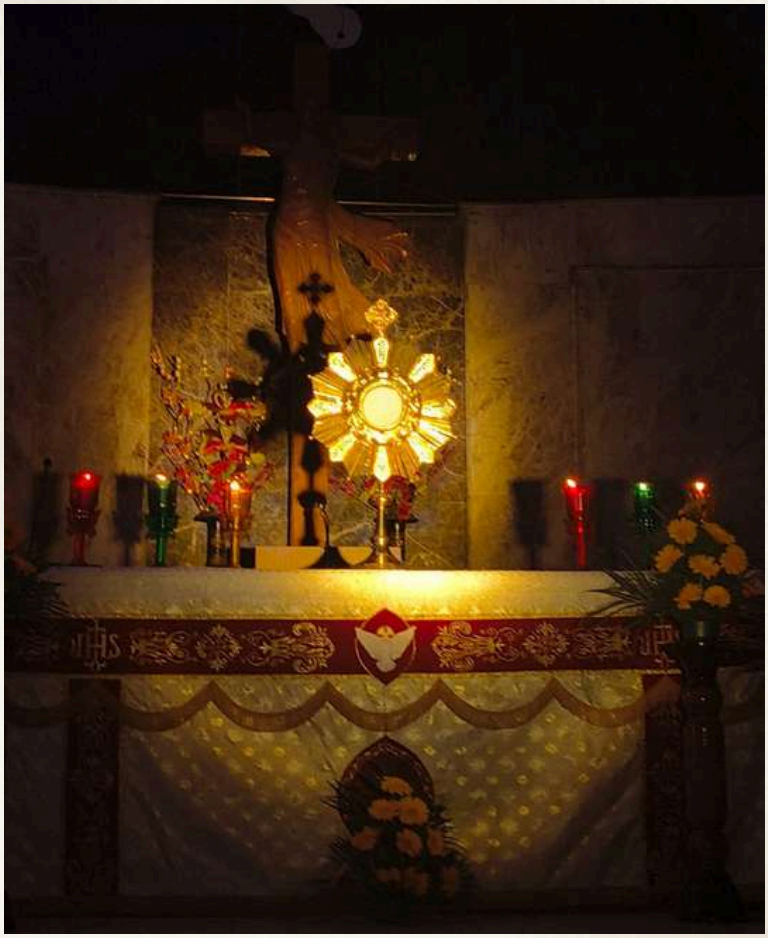
Adoration Led by Rabbi's Gospel Choir

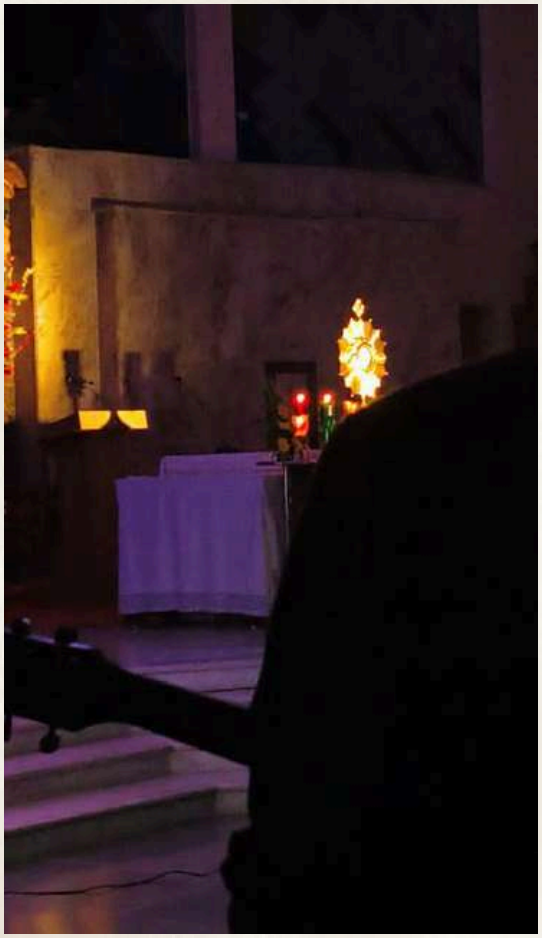
On Saturday, April 26, following the 6:00 PM Mass, St. Anthony's Friary Church was graced by a spiritually enriching adoration service led by the Rabbi's Gospel Choir. A significant number of parishioners participated in this sacred time of prayer and reflection, creating an atmosphere filled with devotion and unity.

The adoration was deeply uplifting, drawing everyone into a profound spirit of worship. The soft music, melodious singing, and heartfelt recitation of the Divine Mercy Rosary created an ambiance that facilitated deep prayer and contemplation. The Divine Mercy Rosary, a cherished devotion in our tradition, focuses on imploring God's mercy for ourselves and the whole world, emphasizing trust in Christ's mercy and the call to show mercy to others.

This grace-filled experience truly lifted our hearts, helping us draw closer to the Eucharistic Lord. The evening concluded with a sense of peace, renewal, and gratitude for the gift of adoration in our spiritual journey.















Divine Mercy Sunday 2025

On Sunday, April 27, 2025, our parish community gathered in reverent celebration of Divine Mercy Sunday, a feast instituted by Pope St. John Paul II in 2000 to emphasize God's boundless mercy. This special day, observed on the second Sunday of Easter, invites the faithful to trust in Jesus' mercy and to extend that mercy to others.

At 3:00 PM, the divine spark team conducted the Hour of Mercy. The congregation united in praying the Divine Mercy Chaplet, echoing the words Jesus imparted to St. Faustina: "I desire that the Feast of Mercy be a refuge and shelter for all souls." The service concluded with Benediction, leaving attendees spiritually renewed and inspired to embody mercy in their daily lives.

May the message of Divine Mercy continue to resonate within our hearts, guiding us to be instruments of God's compassion in the world.

In Loving Memory of Pope Francis (1936–2025)

Our parish joins the global Catholic community in mourning the passing of Pope Francis, who died peacefully on Easter Monday, April 21, 2025, at the age of 88, at his residence in the Vatican's Domus Sanctae Marthae. His death was attributed to a stroke followed by irreversible cardiac arrest. As the first Jesuit and Latin American pope, Pope Francis led the Church for twelve years, beginning his papacy in 2013 following the resignation of Pope Benedict XVI. His tenure was marked by a profound commitment to humility, social justice, environmental stewardship, and outreach to the marginalized. He revitalized the Synod of Bishops to encourage broader dialogue within the Church and issued the landmark encyclical Laudato Si', addressing environmental degradation and the excesses of capitalism.

Pope Francis's funeral was held on April 26, 2025, at St. Peter's Square, attended by approximately 400,000 people, including pilgrims and dignitaries from over 150 countries. In accordance with his wishes, he was laid to rest at the Basilica of Santa Maria Maggiore in Rome, becoming the first pope to be interred outside the Vatican since Pope Leo XIII. His legacy endures as that of a compassionate reformer who sought to align the Church more closely with its foundational values, emphasizing mercy, inclusivity, and care for our common home.

2025 - புனித வெள்ளி - சிலுவை பாதை வழிப்பாடு (தமிழ்)

புதிய முயற்சி செய்வதற்குப் பயப்படாதீர்கள் – அது உங்களுடைய சிறந்த செயலாக மாறக்கூடும் ."

இவ்வாண்டு, ஏப்ரல் 18 ஆம் தேதி, நம் பங்கில் தமிழ் சிலுவை பாதை வழிப்பாடு ஒரு ஆழமான ஆன்மிக அனுபவமாக அமைந்தது. இந்த வழிப்பாட்டை நம் பங்கில் செயல்பட்டு வரும் ஃபெர்டினன்ட்ஸ் இளையோர் குழு முழு அர்ப்பணிப்புடனும், புதிய மாற்றங்களுடனும் தலைமை தாங்கி வழி நடத்தினர்.

இந்த ஆண்டு சிலுவை பாதை வழக்கமான வழிப்பாடாக அமையாமல் பல புதிய அம்சங்கள் சேர்க்கப்பட்டிருந்தன. கெத்சமனே தோட்டத்தில் இயேசுவின் இரத்த வியர்வை சிந்தியது, யூதாசின் துரோகம், இயேசுவை பிடிக்கச் செல்லும் படை வீரர்களின் கையில் தீப்பந்தம், இயேசுவை கல் தூணில் அடிக்கும் காட்சிகள், மற்றும் பிலாத்து வீரர் படையோடு நுழைவு, போன்ற நிகழ்வுகள் சிறப்பு அம்சமாக அமைந்தன.

ஆடைகள், மேக்கப், மற்றும் ஒவ்வொரு நிலையிற்கான பாடல்கள் மிகவும் உணர்வுபூர்வமாக இருந்தன. ஒவ்வொரு நிலையத்திலும் சொல்லப்பட்ட பிரதிபலிப்புகள், இயேசுவின் காலத்தில் நடந்ததை நம் சமகால சமூகத்துடன் இணைத்து, உண்மையான மனமாற்றம் மற்றும் மறுவாழ்வு நோக்கி அழைத்தன.

இந்த வழிப்பாடின் முக்கியத்துவம், இளைஞர்கள் அதை ஒரு நடிப்பாக அல்ல, ஒரு நிகழ்வாக நடத்தினார்கள் என்பதில்தான்.

புதிய முகங்கள், புதிய கதாப்பாத்திரங்கள் அறிமுகமாக, சிலுவைப் பாதையை சற்றும் குறைவில்லாமல் உணர்வுடன் எடுத்துச் சென்றார்கள்.

இந்த ஆன்மிக நிகழ்வு ஒரு சமூக ஒத்துழைப்பின் புனித வெளிப்பாடாக இருந்தது. இதற்காக சிறப்பாக பங்களித்த அனைவருக்கும் நன்றிகள்.

மகிழ்ச்சியின் பாஸ்கா காலத்தை நம் வாழ்க்கையிலும் கொண்டு வர, சிலுவையின் செய்தியை நாளும் உணர்ந்து, வாழ்வோம்!



பாதுகாவலராம் சூசைத் தந்தை!

திருக்குடும்பம் என்று கிறிஸ்துவர்களால் அழைக்கப்படுவது அன்னை மரியாள், சூசையப்பர், இறைமகன் இயேசு ஆகியோரை உள்ளடக்கிய மூவர் கொண்ட குடும்பமாகும்.

புனித சூசையப்பர் - திருக்குடும்பத்தின் தலைவராக இருந்து, குடும்பத்தை சவாலான காலக்கட்டத்தில், கடவுளின் திருவுளத்தை அறிந்து, அதனை சிறப்பாக வழிநடத்தியவர் புனித சூசையப்பர். தனக்குள்ளாக இருந்த குழப்பங்களுக்கு கனவு வழியே, தெளிவு பிறந்தபிறகு, கடவுளின் திருவுளம் இதுதான் என்றால், அதை நான் முழுமையாக ஏற்றுக்கொள்கிறேன், என்று தனது வாழ்வு முழுவதும் பிரமாணிக்கத்தோடு வாழ்ந்தவர் இந்த புனிதர். நற்செய்தி நூல்களில் சொற்ப இடங்களில் மட்டுமே காணப்பட்டாலும், சிறப்பான எடுத்துக்காட்டான வாழ்க்கை வாழ்ந்தவர் புனித சூசையப்பர்.

நீதிமானாகிய சூசையப்பரிடமிருந்து நாம் கற்றுக்கொள்ள வேண்டிய முக்கிய பாடம்,- பிறர் மேல் எந்த புழுதியும் வாரித் தூவாமல் இருத்தல், குழப்பமான, கலக்கமான மனநிலையிலும் கூட, மரியாளின் நற்பெயருக்கு களங்கம் ஏற்படக் கூடாது என்பதில் தெளிவாக இருந்தார். இத்தகையான பெருந்தன்மையான குணம் நமக்கும் இருக்க வேண்டும். அடுத்தவர்களின் தவறுகளை பலருக்கும் தெரியபடுத்தி அவர்களின் பெயரைக் கெடுக்கும் சிறு மனம் கொண்டவர்களாக இல்லாமல் வாழ கற்றுக் கொள்ள வேண்டும்.

அடுத்ததாக, கடவுளுடைய திருவுளத்திற்கு உடனே, கீழ்படிபவராக வாழ்ந்தார். மரியாளின் கர்ப்பத்துக்கு காரணம் தூய ஆவி என்று தெரிந்தவுடன் உடனே தயங்காமல் அவரை ஏற்றுக்கொண்டார். இறைமகன் இயேசு அரசராவார் என்பதை அவையிலுள்ள ஞானிகள் முன்னறிவிக்கக் கேட்டு, தனக்குப் போட்டியாக இயேசு வளர்ந்தபின் தனது பதவியைப் பறித்து விடுவாரோ என்ற அச்சத்தில், குழந்தை இயேசுவையும் அவரையொத்த ஆண் மகவுகளையும் கொல்லுமாறு ஏரோது அரசன் கட்டளை பிறப்பித்தான்.

அப்போது வானதூதர் சூசையப்பரின் கனவில் தோன்றி குழந்தை இயேசுவை உடனே எகிப்துக்கு கொண்டு செல்லுமாறு பணித்தார். இரவோடிரவாக, உடனே தாயையும் குழந்தையையும் அழைத்துக்கொண்டு எகிப்துக்கு கூட்டிச் சென்றார். இறை சித்தத்திற்குப் பணிந்து நடக்கும் நல் உள்ளம் கொண்டவர்களால் சூசையப்பரைப் போன்று வாழ நாம் கற்றுக் கொள்ள வேண்டும்.

குடும்பத்தைப்பேண தச்சுத் தொழில் செய்துவந்த சூசையப்பர் தொழிலாளர்களின் பாதுகாவலராகவும் கருதப்படுகிறார். இயேசுவும் மரியாவும் உடனிருக்கும்போது மரித்த சூசையப்பரை, நன்மரணத்துக்கு பாதுகாவலராக திருச்சபை நமக்குத் தந்திருக்கிறது. துர்மரணம் நேராமல் இருக்க நாம் புனித சூசையப்பரிடம் மன்றாட வேண்டும்.

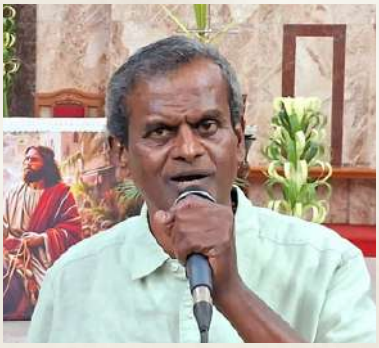
புனித சூசையப்பரை பலவற்றிற்கு பாதுகாவலராக திருச்சபை ஏற்படுத்தியிருக்கிறது. இதிலிருந்து இந்த புனிதரின் சிறப்பை, திருச்சபை அவருக்கு அளித்திருக்கிற மகுடத்தை நாம் புரிந்து கொள்ளலாம். புனித சூசையப்பரிடம் நமது தேவைகளை நம்பிக்கையோடு எடுத்துச் சொல்வோம். பொறுமையின் சிகரமான புனித சூசையப்பர், நிச்சயம் நமது மன்றாட்டுக்களை, தனது பரிந்துரையின் மூலமாக இறைவனிடம் பேசி, நமக்குப் பெற்றுத்தருவார்.

ಮರಿಯನ್ ಮಿನಿಸ್ಟ್ರೀಸ್

ಮರಿಯನ್ ಮಿನಿಸ್ಟ್ರೀಸ್ ತಂಡ ಏಪ್ರಿಲ್ 12, 2025 ಶನಿವಾರದಂದು ಬೆಂಗಳೂರಿನ ಸಂತ ಅಂತೋಣಿ ಫ್ಯೆಯರಿ ದೇವಾಲಯದಲ್ಲಿ ಜಾಗರಣಾ ಪ್ರಾರ್ಥನಾ ಕೂಟವನ್ನು ನಡೆಸಿತು. ಈ ಸೇವಾಕಾರ್ಯಕ್ಕೆ ಧರ್ಮಕೇಂದ್ರದ ಗುರುಗಳಾದ ರೆ.ಫಾ. ಪ್ರಶಾಂತ್ OFM ಮತ್ತು Rev. FR ಆರೋಕಿಯಾ OFM ಅನುಮತಿ ನೀಡಿ ಸಹಕರಿಸಿದರು.

ಬೆಂಗಳೂರು, ಮೈಸೂರು, ಬಳ್ಳಾರಿ, ವಿಜಯಪುರ, ದೇವನಹಳ್ಳಿ ಕೊಡಗು ಅನೇಕ ಧರ್ಮಪ್ರಾಂತ್ಯಗಳಿಂದ ಸುಮಾರು 200 ಭಕ್ತರು ಇದರಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದರು. ಈ ಧ್ಯಾನಕೂಟದಲ್ಲಿ ದೇವರ ವಾಕ್ಯದ ಮೇಲಿನ ತರಗತಿಗಳನ್ನು, ಪರಮಪ್ರಸಾದ ಆರಾಧನೆಯನ್ನು ಮತ್ತು ದಿವ್ಯಬಲಿಪೂಜೆಯನ್ನು ಫಾದರ್ ಜೀವನ್ ಮತ್ತು ಸಹೋ. ಜೆ. ಎಕ್ಸ್ ಪೀಟರ್ ನಡೆಸಿಕೊಟ್ಟರು.

ಆಧ್ಯಾತ್ಮಿಕ ವಿಶೇಷ ಸಹಾಯ ಬಯಸಿದವರಿಗೆ ಕನ್ನಡ, ಕೊಂಕಣಿ, ತಮಿಳು, ತೆಲುಗು, ಮಲಯಾಳಂ ಮತ್ತು ಇಂಗ್ಲಿಷ್ ಭಾಷೆಗಳಲ್ಲಿ ಧಾರ್ಮಿಕ ಸಭೆಗಳಿಗೆ ಸೇರಿದ ಗುರುಗಳು ಮಾರ್ಗದರ್ಶನವನ್ನು ಮತ್ತು ಪಾಪವಿಖ್ಯಾಪನೆ ಸಂಸ್ಕಾರ ಹಾಗೂ ಆಧ್ಯಾತ್ಮಿಕ ಸಲಹೆಯನ್ನು ನೀಡಿದರು. ಸಹೋ. ಕಿರಣ್, ಪವಿತ್ರ ಗಾಯನವನ್ನು ಮತ್ತು ಸ್ತುತಿಯಾರಾಧನೆಯನ್ನು ಮುನ್ನಡೆಸಿಕೊಟ್ಟರು, ಸಹೋ. ಪ್ರತಿಭಾ ಸಹೋ. ಮಾರ್ಥಾ ಮತ್ತು ಇತರರು ಗೀತೆಗಳನ್ನು ಹಾಡಲು ಸಹಕಾರ ನೀಡಿದರು. ಮುಂದಿನ ತಿಂಗಳ ರಾತ್ರಿ ಜಾಗರಣೆ ಪ್ರಾರ್ಥನಾಕೂಟ ತಿಂಗಳ ಎರಡನೆಯ ಶನಿವಾರ, ಮೇ 10, 2025 ರಂದು ರಾತ್ರಿ 9:30 ಗಂಟೆಗೆ ಇರುತ್ತದೆ.



"ದೇವಮಾತೆಯೇ, ನಮ್ಮ ಬಾಳಿನ ಮೂಕ ವೇದನೆ ನಿಮ್ಮ ಪಾದಕ್ಕೆ ಪ್ರಾರ್ಥನೆ ನಮ್ಮ ಪ್ರೀತಿಸು ನಮ್ಮ ಪೋಷಿಸು ನಿತ್ಯ ಕಾಯುತ ರಕ್ಷಿಸು".

ಸಂತ ಅಂತೋಣಿಯವರ ಪ್ರಯರಿ ದೇವಾಲಯದ ಪ್ರಾರ್ಥನಾ ಪುಷ್ಪ ಮಾತೆ ಮರಿಯಮ್ಮ ಸೇನೆಯ ಅಧ್ಯಕ್ಷರಾದ ಸಹೋದರಿ ಸುಶೀಲ ಹಾಗೂ ನಮ್ಮ ಹಿರಿಯರಾದ ಫಾತಿಮಾ ಮಾತೆ ಮಂಡಳಿಯ ಮಾಜಿ ಅಧ್ಯಕ್ಷರಾದ ಸಹೋದರಿ ಫಿಲೋಮಿನ ರವರ ನೇತೃತ್ವದಲ್ಲಿ ಹಾಗೆಯೇ ನಮ್ಮ ದೇವಾಲಯದ ವಂದನೆಯ ಗುರುಗಳಾದ ಫಾದರ್ ಪ್ರಶಾಂತ್ ರವರ ನೆರವಿನೊಂದಿಗೆ ಸದಸ್ಯರೆಲ್ಲರೂ ಹಾಗೂ ನಮ್ಮ ವಿಚಾರಣೆಯ ಕೆಲವು ಸದಸ್ಯರುಗಳು

ಒಟ್ಟುಗೂಡಿ 31/3/ 2025 ರಂದು, ನಮ್ಮ ದೇವಾಲಯದಿಂದ ಬೆಳಗ್ಗೆ ಏಳು ಗಂಟೆಗೆ ಸರಿಯಾಗಿ 55 ಸದಸ್ಯರೊಂದಿಗೆ ನಮ್ಮ ದೇವಾಲಯದಲ್ಲಿ ಪ್ರಾರಂಭ ಪ್ರಾರ್ಥನೆಯನ್ನು ಮಾಡಿ, ಜಪಸರ ಹಾಗೂ ಪ್ರಾರ್ಥನ ಗೀತೆಯೊಂದಿಗೆ ಯಾತ್ರೆಯನ್ನು ತೊಡಗಿದೆವು. ಮೊದಲಿಗೆ ಇನ್ಫ್ಯಾಂಟ್ ಜೀಸಸ್ ಪುಷ್ಪಾ ಶ್ರಮ ದೇವಾಲಯವನ್ನು ತಲುಪಿ ಇಲ್ಲಿ ಬೆಳಗಿನ ಉಪಹಾರವನ್ನು ಸೇವಿಸಿದೆವು. ನಂತರ ಅವರ್ಲೇಡಿ ಆಫ್ ಪುವರ್ ಬನ್ನಿಮಂಟಪ ದೇವಾಲಯ, ಸೆಂಟ್ ಫಿಲೋಮಿನಾ ದೇವಾಲಯ, ಹೋಲಿ ಫ್ಯಾಮಿಲಿ ಇಲಕಲ್ ದೇವಾಲಯ ಹೀಗೆ ನಾಲ್ಕು ದೇವಾಲಯದ ಆಶೀರ್ವಾದವನ್ನು ಪಡೆದು, ಇದೇ ದೇವಾಲಯದ ಸಮೀಪದಲ್ಲಿ ಎಲ್ಲರೂ ಒಟ್ಟುಗೂಡಿ ಭೋಜನವನ್ನು ಸೇವಿಸಿ ನಂತರದಲ್ಲಿ ಸ್ವಲ್ಪಕಾಲ ವಿಶ್ರಾಂತಿ ತೆಗೆದುಕೊಂಡು ಸಂತೋಷದಿಂದ ನಮ್ಮ ಪಯಣವನ್ನು ಮುಂದುವರಿಸಿದೆವು. ಹಾಗೆಯೇ ಹೋಲಿ ಕ್ರಾಸ್ ದೇವಾಲಯ ಬೆಳವಾಡಿ, ಸೆಂಟ್ ಪೀಟರ್ಸ್ ಚರ್ಚ್ ಬೋಗಾದಿ ದೇವಾಲಯ, ಕೊನೆಗೆ ಸೆಂಟ್ ಅಂಟೋನಿಸ್ ಡೋರ್ನಹಳ್ಳಿ ದೇವಾಲಯವನ್ನು ತಲುಪಿದವು.

ಹಾಗೆಯೇ ಎಲ್ಲಾ ದೇವಾಲಯದಲ್ಲಿ ಸೇರಿ 14 ಸ್ಥಳದ ಶಿಲುಬೆ ಹಾದಿಯನ್ನು ಮಾಡಿದೆವು. ನಂತರದಲ್ಲಿ ನಮ್ಮ ದೇವಾಲಯದ ಗುರುಗಳಾದ ಫಾದರ್ ಆರೋಕ್ ರವರು ಬಲಿ ಪೂಜೆಯನ್ನು ನೆರವೇರಿಸಿದರು. ನಂತರದಲ್ಲಿ ಅಲ್ಲಿಂದ ನಮ್ಮ ಪ್ರಯಾಣವನ್ನು ಸೆಂಟ್ ಜೋಸೆಫ್ ದೇವಾಲಯ (ಮಂಡ್ಯ) ಮುಕ್ತಾಯ ಪ್ರಾರ್ಥನೆಯನ್ನು ಮಾಡಿ, ಆಧ್ಯಾತ್ಮಿಕ ಶಿಲುಬೆಯಾತ್ರೆಯಲ್ಲಿ ತುಂಬಾ ಭಕ್ತಿಯಿಂದ ಪಾಲ್ಗೊಂದಿಕ್ಕಾಗಿ ಎಲ್ಲರಿಗೂ ಧನ್ಯವಾದಗಳು

ಇಂತಿ
ಸಹೋದರಿ ಅಶ್ವಿನಿ











ಸೆಂಟ್ ಫಾಲ್ಸ್ ವಾರ್ಡ್ ಬಾಲಾಜಿನಗರ.

ಶಿಲುಬೆಯ ಹಾದಿ

-ಸರೋಜ ಗುರುದಾಸ್

"ದೇವಾಶ್ರಿತರು ಸುರಕ್ಷಿತರು" ಕೀರ್ತನೆ **91.**

ತಪಸ್ಸು ಕಾಲವು ಕ್ರೈಸ್ತರ ಜೀವನದಲ್ಲಿ ಬಹು ಮುಖ್ಯವಾದ ಕಾಲವಾಗಿದೆ.
ಈ ಕಾಲದಲ್ಲಿ ಹೆಚ್ಚಾಗಿ ದೇವರ ಸಾನಿಧ್ಯವನ್ನು ಬಯಸುವುದು ಪ್ರಾರ್ಥನೆ ತ್ಯಾಗ ಧ್ಯಾನ ಮುಂತಾದ ಆಧ್ಯಾತ್ಮಿಕ ಕಾರ್ಯಗಳಲ್ಲಿ ನಮ್ಮನ್ನೇ ನಾವು ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತೇವೆ. ತಪಸ್ಸು ಕಾಲದಲ್ಲಿ ಶಿಲುಬೆಯ ಹಾದಿಯು ಬಹು ಮುಖ್ಯವಾದ ಪ್ರಾರ್ಥನೆಯಾಗಿದೆ, ಶಿಲುಬೆಯ ಹಾದಿಯು ನಮ್ಮನ್ನು ಆಧ್ಯಾತ್ಮಿಕವಾಗಿ ಬಲಪಡಿಸುತ್ತದೆ, ಶಿಲುಬೆಯ ಹಾದಿಯಲ್ಲಿ ಯೇಸು ಸ್ವಾಮಿಯು ಪಟ್ಟ ಪಾಡುಗಳು,ಯಾತನೆ,ಮರಣವನ್ನು ಕುರಿತು ಧ್ಯಾನಿಸುತ್ತೇವೆ. ಶಿಲುಬೆಯ ಹಾದಿಯ ಸಮಯದಲ್ಲಿ ನಮ್ಮನ್ನೇ ನಾವು ಆತ್ಮಾವಲೋಕನ ಮಾಡಿಕೊಳ್ಳುತ್ತೇವೆ, ನಾವು ಮಾಡಿದ ತಪ್ಪುಗಳನ್ನು ನೆನೆಸಿಕೊಂಡು ದುಃಖ ಪಡುತ್ತೇವೆ, ಅದಕ್ಕಾಗಿ ಪಶ್ಚಾತಾಪ ಪಟ್ಟು ಮನ ಮರುಗುತ್ತೇವೆ. ಮುಖ್ಯವಾಗಿ ಯೇಸು ಸ್ವಾಮಿಯು ಪಟ್ಟ ಪಾಡುಗಳ ಜೊತೆ ನಮ್ಮನ್ನೇ ಸಮರ್ಪಿಸಿ ಪ್ರಾರ್ಥಿಸುತ್ತೇವೆ, ಇಂತಹ ಪವಿತ್ರ ಶಿಲುಬೆಯ ಹಾದಿಯನ್ನು ಸೆಂಟ್ ಫಾಲ್ಸ್ ವಾರ್ಡ್ ಬಾಲಾಜಿನಗರದಲ್ಲಿ ವಾಸವಾಗಿರುವ ಕಿರು ಕ್ರೈಸ್ತ ಸಮುದಾಯದ ಕೆಲವು ಕುಟುಂಬಗಳಲ್ಲಿ ಮಾರ್ಚ್ ತಿಂಗಳು 8,15, 29 ಹಾಗೂ ಏಪ್ರಿಲ್ ತಿಂಗಳು 5,9,12 ರಲ್ಲಿ ,ತೆರೆಸಿನ,ಝಾನ್ಸಿ ಮರ್ಸಿ ಆರೋಗ್ಯಂ, ಅರುಳ್ ಸೆಲ್ವಿ ಅಂತೋನಿ, ಪೀಟರ್ ಹಾಗೂ ಆರೋಗ್ಯದ ದಾಸ್ ಇವರ ಮನೆಗಳಲ್ಲಿ ಶಿಲುಬೆ ಹಾದಿಯನ್ನು ಮಾಡಿದೆವು ಸದಸ್ಯರು ಶಿಲುಬೆಯ ಹಾದಿಯಲ್ಲಿ ಭಕ್ತಿಯಿಂದ ಭಾಗವಹಿಸಿ ಆಧ್ಯಾತ್ಮಿಕ ಬಲವನ್ನು ಹೊಂದಿದೆವು . ಪ್ರಭು ಯೇಸು ಸ್ವಾಮಿಯು 14 ಸ್ಥಳಗಳಲ್ಲಿ ಅನುಭವಿಸಿದ ಪಾಡುಗಳನ್ನು ಧ್ಯಾನಿಸುತ್ತಾ ಪ್ರಾರ್ಥಿಸಿದೆವು, ನಾವೆಲ್ಲರೂ ಒಂದೇ ಕುಟುಂಬದವರ ಹಾಗೆ ಪ್ರಾರ್ಥನೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿ ಭಕ್ತಿ ಪೂರ್ವಕವಾಗಿ ಶಿಲುಬೆಯ ಹಾದಿಯನ್ನು ಮಾಡಿದೆವು. ತಪಸುಕಾಲದ ಪವಿತ್ರ ಶಿಲುಬೆಯ ಹಾದಿಯು ನಮ್ಮೆಲ್ಲರನ್ನು ಭಕ್ತಿ ಮಾರ್ಗದಲ್ಲಿ ಕೊಂಡೊಯ್ಯುವ ಆಧ್ಯಾತ್ಮಿಕ ದಾರಿದೀಪವಾಗಿ ದೇವರ ಪ್ರೀತಿ ತ್ಯಾಗವನ್ನು ಸವಿಯುವಂತೆ ಮಾಡಿತು.








ಸೆಂಟ್ ಪಾಲ್ಸ್ ವಾರ್ಡ್ ಬಾಲಾಜಿನಗರ ಎಸ್ ಸಿ ಸಿ ಮೀಟಿಂಗ್. ಸರೋಜಗುರುದಾಸ್.

" ಪ್ರಭು ಯೇಸುವಿನಲ್ಲಿ ವಿಶ್ವಾಸವಿಡು ನೀನು ನಿನ್ನ ಮನೆಯವರೆಲ್ಲರೂ ಜೀವೋದ್ಧಾರವನ್ನು ಹೊಂದುವಿರಿ"ಪ್ರೇಷಿತರ ಕಾರ್ಯ ಕಲಾಪಗಳು **16:31.**

ಪ್ರಾರಂಭ:**-12 /4/2025**

ಶನಿವಾರ ಬಾಲಾಜಿನಗರ 8ನೇ ಕ್ರಾಸ್ ನಲ್ಲಿ ವಾಸವಾಗಿರುವ ಮರ್ಸಿ ಮಾರ್ಗರೇಟ್ ಅವರ ಮನೆಯಲ್ಲಿ ಕಿರು ಕ್ರೈಸ್ತ ಸಮುದಾಯದ ಸಭೆಯನ್ನು ಪವಿತ್ರಾತ್ಮರ ಪ್ರಾರ್ಥನಾ ಗೀತೆಯೊಂದಿಗೆ ಪ್ರಾರಂಭಿಸಿದೆವು .

ಪ್ರಾರ್ಥನೆ:-ಪ್ರಭುಯೇಸು ಸ್ವಾಮಿಯನ್ನು ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಆಹ್ವಾನಿಸಿದೆವು. ವಾಚನ:- ಪ್ರೇಷಿತರ ಕಾರ್ಯ ಕಲಾಪಗಳು ಅಧ್ಯಾಯ 9 ಪೌಲನಾಗಿ ಮಾರ್ಪಟ್ಟ ಸೌಲ ಎಂಬ ವಾಚನವನ್ನು ಕನ್ನಡ ಮತ್ತು ತಮಿಳು ಭಾಷೆಗಳಲ್ಲಿ 1ರಿಂದ 19ರವರೆಗೆ ಓದಿದೆವು. ಧ್ಯಾನ:-ಓದಿದ ವಾಚನವನ್ನು ಮೌನವಾಗಿ ಧ್ಯಾನಿಸಿದೆವು. ಓದಿದ ವಾಚನದಲ್ಲಿ ತಮಗಿಷ್ಟವಾದ ವಚನವನ್ನು 3 ಸಾರಿ ಪುನರಾವರ್ತಿಸಿ ಓದಿದರು. ವಿವರಣೆ:- ಓದಿದ ವಾಚನದಲ್ಲಿ ತಮಗಿಷ್ಟವಾದ ದೇವರ ವಾಕ್ಯವನ್ನು ಆರಿಸಿಕೊಂಡು ತಮ್ಮ ಜೀವನದಲ್ಲಿ ಆದ ಅನುಭವವನ್ನು ಎಲ್ಲರೊಡನೆ ಹಂಚಿಕೊಂಡರು.

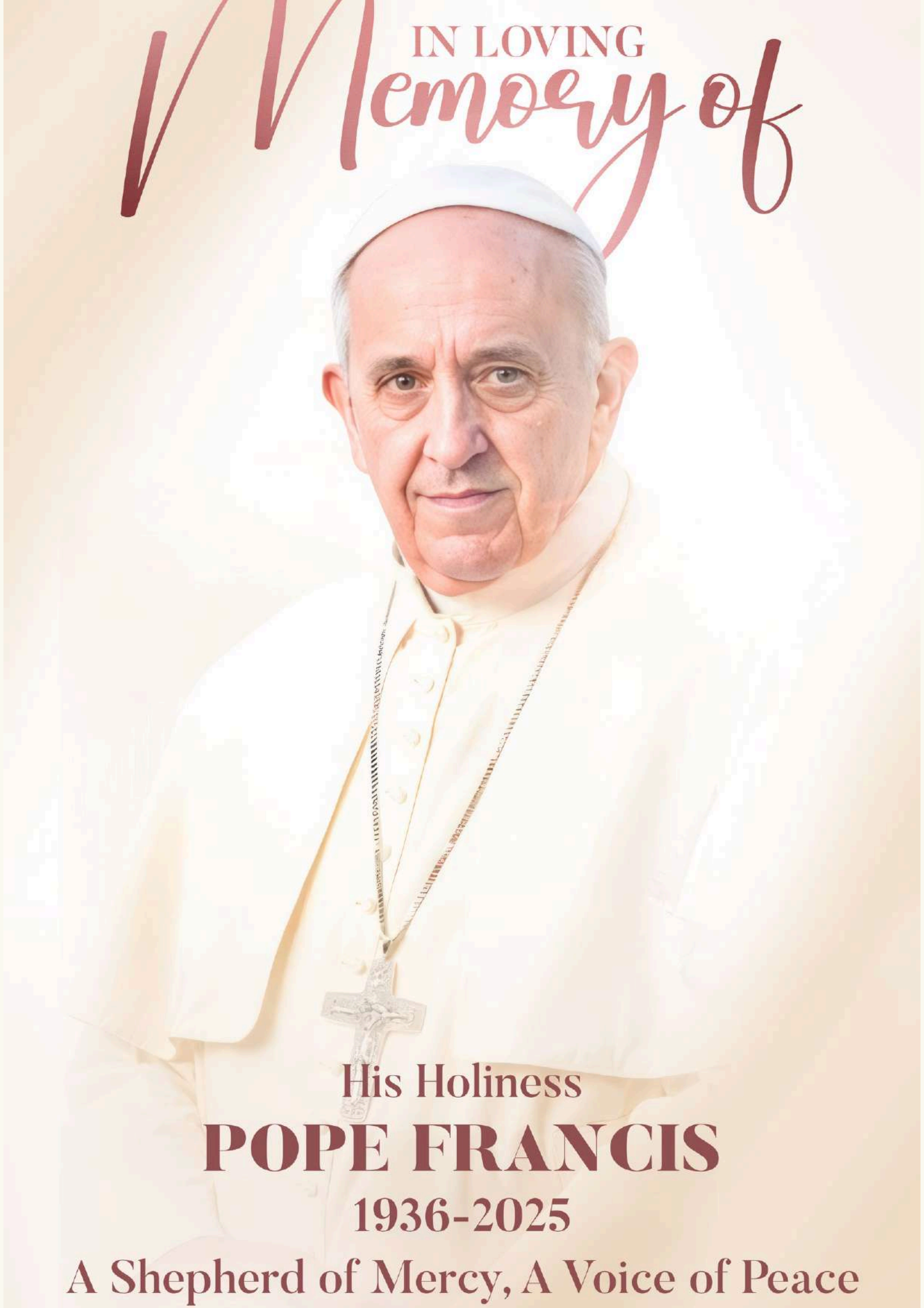
ವರದಿ ವಾಚನ:-ಶ್ರೀಯುತ ಪೀಟರ್ ಅವರು ಹಿಂದಿನ ಸಭೆಯ ವರದಿಯನ್ನು ಓದಿದರು.

ಸೇವಾ ಕಾರ್ಯ:-ಏಪ್ರಿಲ್ 28ನೇ ತಾರೀಖು ಎಸ್ ಜಿ ಪಾಳ್ಯದಲ್ಲಿರುವ ವೃಧಾಶ್ರಮಕ್ಕೆ ಭೇಟಿ ಕೊಡೋಣ ಎಂದು ಸಭೆಯಲ್ಲಿ ತೀರ್ಮಾನಿಸಿದೆವು ಹಾಗೂ ನಮ್ಮಪ್ರಾರ್ಥನೆಯಲ್ಲಿ ಕೆಲವು ಬದಲಾವಣೆಗಳನ್ನು ಮಾಡಿಕೊಳ್ಳೋಣ ಎಂಬ ವಿಷಯದ ಬಗ್ಗೆ ಚರ್ಚಿಸಿದೆವು. ಸಭೆಯು ಅಂತಿಮ ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಮುಕ್ತಾಯವಾಯಿತು.ಲಘು ಉಪಹಾರ:- ಮರ್ಸಿ ಅವರು ನೀಡಿದ ಲಘು ಉಪಹಾರವನ್ನು ಸೇವಿಸಿ ಮನೆಗೆ ತೆರಳಿದೆವು.



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POPE FRANCIS

1936-2025

A Shepherd of Mercy, A Voice of Peace



Robert Prevost - Pope Leo XIV

THE NEW POPE OF THE CATHOLIC CHURCH